

SANTASADŌ

2024 Frankfurt Non-Fiction Rights Guide



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SANTASADŌ

The Santasado Agency was founded three years ago with the aim to represent high-quality non-fiction books from the Netherlands. A lot has happened since then as we currently represent over 150 titles and have realized over 30 deals for translation rights.

In this rights list for the 2024 Frankfurt Book Fair, we present new and backlist titles on personal development, history, communication, health, music, and philosophy. The first title on the list is the remarkable and inspiring gift book *Human*, reminiscent of *The Boy*, *The Mole*, *The Fox*, and *The Horse* by Charlie Mackesy and *Big Panda and Tiny Dragon* by James Norbury. And I would also like to highlight the one fiction title from our list, the thrilling debut novel *Against the Flow*, which is receiving wonderful praise from all who have read it. See page 23 of this rights list for more information.

Santasado has recently blossomed into a literary agency for Dutch authors looking for a Dutch publisher too (with over 10 publishing deals made) and we even started as a publishing house with 8 published books on ecology, economy, regenerative initiatives, and sustainable organizations.

I hope you enjoy reading the rights list!

With best wishes,
Laurens



NEW TITLES

HUMAN

Trodessa Barton

With illustrations from Iris van der Veen

Published in 2024
128 pages | with illustrations |
ca. 2,000 words

**Full English translation
available**

Over 4,000 copies sold

German rights sold to Groh
Verlag

Dutch edition published by
Growing Stories

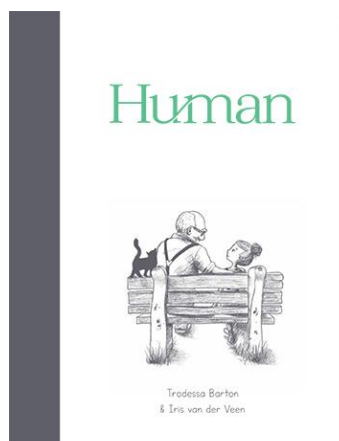
***Human* is a notable newcomer in the series of international bestselling books such as *The Boy*, *The Mole*, *The Fox*, and *The Horse* by Charlie Mackesy and *Big Panda and Tiny Dragon* by James Norbury.**

'Grandpa, why are we just sitting here?'

'Doing nothing is feeling everything. The greatness in life can be found in the smallest of things.'

What seems to be a little story about a grandpa and his granddaughter spending a day together, ultimately ends up showing the reader something much bigger: what it means to be human. Sometimes it feels as if we are all obsessed with one word: Happiness. According to most dictionaries, happiness is defined as a state of feeling pleasure. Is a constant happy feeling necessary for a beautiful life, however? Or is it rather a palette of experiences and emotions that bring color to our own existence? Isn't that what makes us human: feeling light and darkness, pain and joy?

This beautifully illustrated gift book offers joy, comfort, and inspiration to anyone who has experienced the fantastic complexities of life. For every human. Selected by the Dutch ministry of Health to contribute to their mental health program Mission Mental aimed to make the Netherlands healthy and resilient.



Grandpa, let's have fun today!

Well then... let's start with a smile. A smile is always free.



Dear reader,

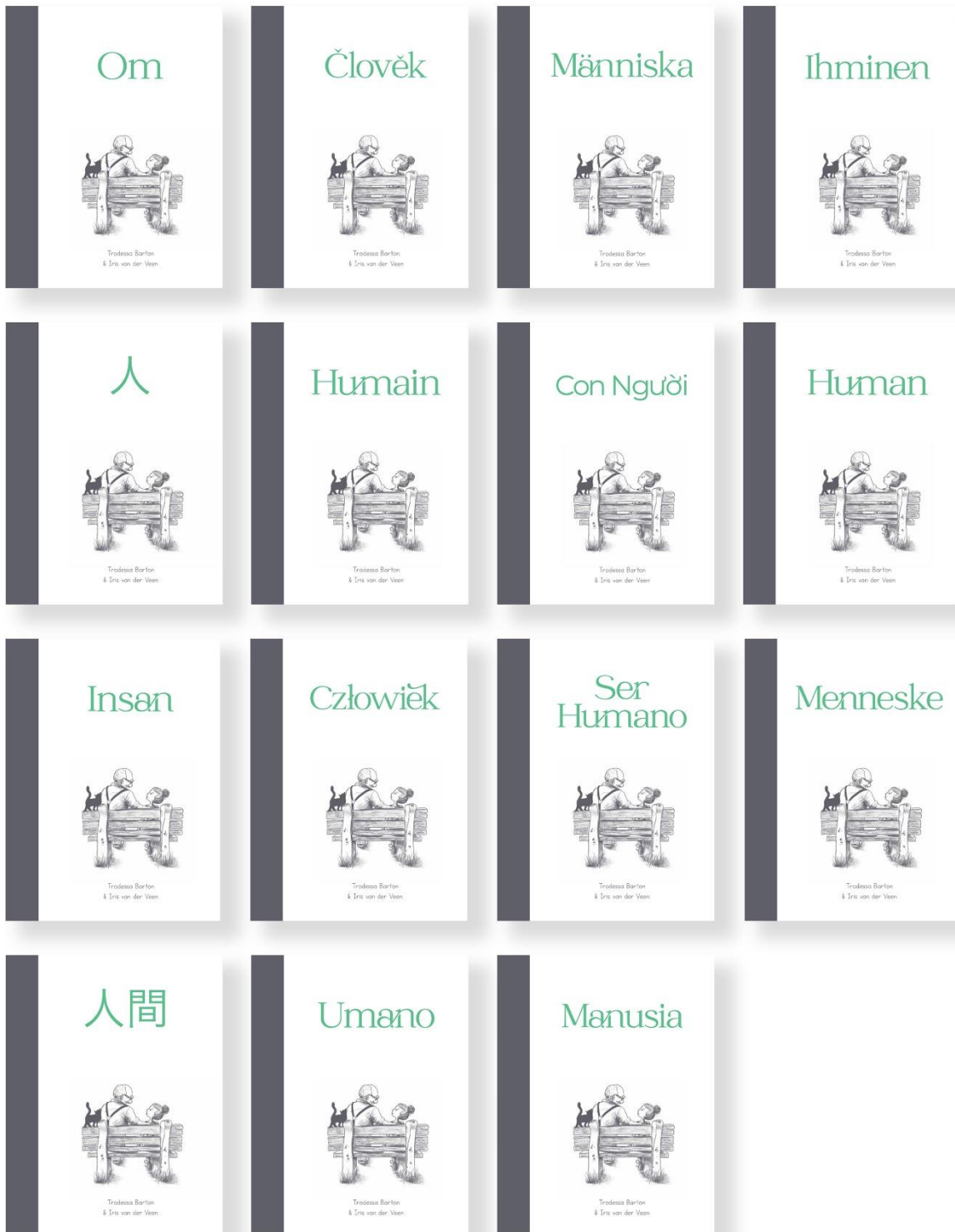
I wanted to start with a note, just for you. I rather enjoy doing things 'differently'. That's why I am starting with something that normally happens at the end. Is that strange or is it logical? Couldn't it be both? Isn't our life as a human the same? Both odd and logical? Fantastic and complicated? Miraculous and monotonous?

We live in a world full of contradictions. And yet it still feels as if we are all obsessed with one word: Happiness. According to most dictionaries, happiness is defined as a state of feeling pleasure.

But is a constant happy sensation necessary for a beautiful life? Or is it rather a palette of experiences and emotions that bring color to our existence? Isn't that what makes us human? Sometimes I feel we have forgotten that hardships are part of our journey. This book is my way of reminding you that both pleasure and pain are part of life. Together, they create the most wonderful symphonies, exquisite works of art, exciting movies, intriguing books and inspiring plays. Together, they can rip the mask off your face, break down your walls and give you the strength and motivation to walk your own path. Pain and pleasure, light and darkness will forever be part of your existence.

Exactly as intended. Embrace them both. I hope this book will bring you joy, comfort and inspiration. I hope it touches your heart.

Lots of love, Trodessa



THE OPPORTUNITY OF ADDICTION

From Fleeing to Feeling

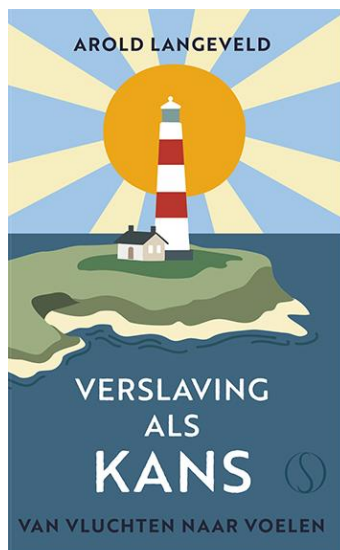
Arold Langeveld

Published in 2022
312 pages | ca. 80,000 words

**English sample translation
available**

Over 5,000 copies sold

Dutch edition published by
Samsara Books



We are all addicted. To drugs, stimulants, success, control, smartphones...

Addiction isn't an abnormality or illness, it is an integral part of being human. Yet people who struggle with addiction tend to reject themselves. And it is exactly this self-rejection that will keep the addiction going on. Fighting the addiction does not lead to liberation but increases the tension you want to free yourself from.

In *The Opportunity of Addiction* Arold Langeveld shows a different path. He challenges you to view your addiction as an opportunity instead of an enemy. He invites you to stop fighting and start feeling what you have been suppressing for so long. To relax in who you really are and learn how to live with the here-and-now, just like it is. Becoming free from addiction is like coming home when you never really left.

The Opportunity of Addiction is a new, fresh, and loving perspective on addiction, supported by real-life examples, practical exercises and reflections. A valuable guide to deal both with your own addiction and the addiction of a loved one.

“Arold Langeveld is an expert by experience as a therapist, something that is missing from regular addiction care. He thinks differently and outside of the box. Which is very valuable for many people with an addiction and their loved ones.” — **Bram Bakker**, former psychiatrist with over twenty years' experience in addiction care, and author

HEALING COLD

The Secret of Healthy Cold Training

Ewout Staartjes

New insights from an age-old tradition.

Cold exposure training is still in its infancy in the Netherlands. In Ukraine and Russia, cold exposure training is part of the age-old tradition of 'zakalivaniye', or hardening: the process of gaining strength and resilience through well-dosed stress triggers from the natural elements.

Healing Cold is not only a personal search for a cure, but it is also an engaging instruction in traditional cold exposure training methods. The book contains many stories and anecdotes from the winters that the author has spent in Russia and Ukraine. Moreover, the book also introduces the reader to many lifestyle insights.

The method revolves around the power of simplicity. We only need to be exposed to cold for very short periods. The contrast between warmth and cold forms an essential part of this process. Therefore, physical warming-up exercises and *banya* (sauna) visits are needed to brave the cold, rather than breathing exercises. And just like with any other medicine, the dose determines whether cold can act as a medicine or poison.

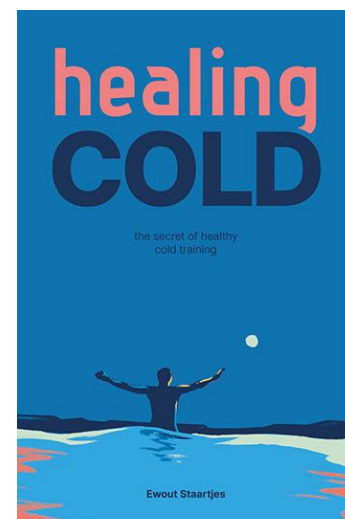
The secret to healthy cold exposure training lies in thorough preparation and the right dose. The author uses his own experience, the wisdom of ancient traditions and the ideas of legendary Soviet lifestyle doctors to unravel the secrets of this unique form of therapy.

Published in 2023

272 pages | ca. 62,000 words

English sample translation available

Dutch edition published by
Zilt Publishers



“This book is such a treasure, this is something you would want everybody to read. I give a copy of this book to many of our patients.”—**Stefan Ottenheijm**, holistic general practitioner and coach in integral health

POLARISATION

The World's First Guide On How To Deal With Us Versus Them Dynamics

Bart Brandsma

Published in 2017

124 pages | ca. 40,000 words

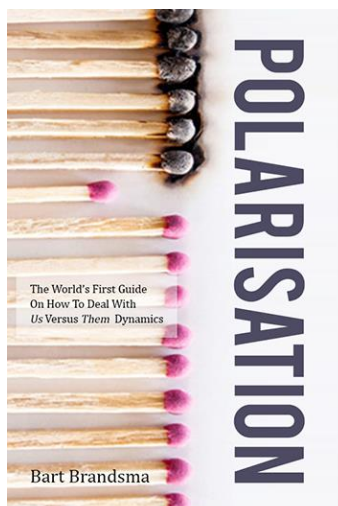
Over 7,500 copies sold

Full English and Spanish translations and French sample translation available

French rights sold to Payot & Rivages

Korean rights sold to Hansmedia

Translation grant from the Dutch Foundation for Literature available



The first guide to polarisation for the professional.

Us versus Them, Women versus men, Muslim versus non-Muslim, Black Lives Matter versus white supremacy, climate-deniers versus climate-fanatics, the West versus the Taliban, countryside versus city, indigenous versus immigrants, my in-laws versus my own family, Catalans versus Spaniards, management versus workers, 'the' people versus 'the' elite...

What are the dynamics of polarisation? How should we understand the workings of black-and-white thinking, and the fixed patterns associated with it? What role do we play in the process and what can we do to intervene? This book helps you to see the three basic laws, to choose one of the roles we can play in polarisation, and provides the four game changers we need to establish depolarisation strategies. This is what professionals are waiting for, how to deal with the phenomenon of polarization and detect how it relates to conflict, polarisation's 'little brother'.

“A practical solution for professionals that have to work with or counter polarisation: journalists, politicians, teachers, police, mayors, the list is endless.”—**Jitske Kramer**, international speaker,

bestselling author, and corporate anthropologist

“Particularly important for journalists. It helps us to understand the mechanisms of polarisation and supports us in our search for the multi-layered reasons for this process.”—**Ellen Ehni**, Chief Editor WDR Westdeutscher Rundfunk, Germany

MAKING AN IMPACT WITH HUMOUR

How Do You Make the Audience Go Crazy?

Malinca Verwiel

Malinca Verwiel offers practical insights to give better speeches and lectures using humour.

Stop giving bone dry presentations and using distant professionalism. Learn how to make the heavy light, the boring fun, the serious entertaining, the complicated easy, the sour sweet, and the taboo accessible on stage.

Comedy director and teacher Malinca Verwiel shows you how to conduct your listeners as a speaker. How to direct your audience and make them listen to every word you say. Using universal theatre laws that you could recognise from *Have I Got News For You*, *The Daily Show* and late-night talk shows.

Making An Impact With Humour is filled with examples and practical humoristic tools to assure that your audience learns something from you in a fun and light way. Inspire your listeners and make them become an ambassador for your message. Without acting like a preacher. The book is for speakers, coaches, and other professionals who spend a lot of time presenting. This is an addictive method to impact your audience with humour.

Published in 2024

176 pages | ca. 35,000 words

English sample translation available

Dutch edition published by Boom uitgevers Amsterdam



“Based on her years of experience with speakers and (standup) comedians Malinca offers a clear answer on the many questions regarding humour. Furthermore, she makes a heartfelt plea for sincerity and authenticity. As a human she urges you to think for yourself and as a speaker she invites you to make a social impact. But with humour.”—**Berthold Gunster**, founder of the Dutch art of Flip Thinking

CHEATING, DISRUPTION, AND IMAGINATION

José R. Hernandez, Ph.D., CPA, CA

To be published in 2025
Ca. 30,000 words

**Full English manuscript
available**



An urgent warning for Western countries and companies.

Cheating, Disruption, and Imagination will reflect on first-hand experiences on major corporate (cheating and fraud) scandals in the past. It will suggest that past cheating scandals involved elements of disruption (competition, regulatory changes, societal priorities) and reflect how leaders failed to imagine an alternative outcome sooner, leading to a crisis. One of the central examples will focus on VW's Dieselgate scandal and the disruption and innovation in the automotive industry, reflecting on Apple's failure over a decade and the rise of Chinese innovators. Other examples of innovation and failure will include Boeing's safety issues, the rise and fall of crypto royalty (FTX, SBF, Binance), Theranos failure to

innovate, Germany's Wirecard, and the US's opioid crisis (with Purdue Pharma).

Beyond organizations, the book will review the state of certain rich nations that are losing their global competitiveness, have worsening business climates, and experiencing relative decline. The book will suggest that these nations are suffering from a "Crisis of Imagination" and a lost sense of agency. Key nations analyzed will include The Netherlands, Germany, and Canada. Important industrial policy, governance, and leadership lessons will be presented and this book will inspire, guide and educate leaders.

José R. Hernandez, born in El Salvador, raised in Canada, is an advisor for global organizations on crisis response, transformational change, and responsible business. He was a PwC partner and has been the CEO of Ortus Strategies AG since 2009. José has a PhD from the VU Amsterdam on the subjects of fraud, he lectures at IMD's High Performance Board program, and is a guest lecturer at VU Amsterdam School of Business and Economics on governance, accounting, and ethics. He is a member of Canada's Advisory Council on Money Laundering and Terrorist Financing (ACMTLF), member of President's International Advisory Board at UW (Canada), and a director at Kelvin Thermal Energy. José previously wrote *Broken Business: Seven Steps to Reform Good Companies Gone Bad* (2018, Wiley), also published in German (Wiley), Korean, (Munhak Sasang), and Dutch (Management Impact).

THE PAIN AND THE PROMISE

From Industrial to Consciousness Civilisation

Peter Merry

Ground-breaking thoughts on our life on Earth.

Gaia is writhing under our feet, the systems and structures that we constructed to hold our civilization together are crumbling before our eyes, and we are being called to come back to life. The pain of letting go in death and letting come in birth, together with the promise of release and new life, all at the same time. What a time to be alive!

The book is composed of four main sections. The first looks at the context that we are currently living in as human beings. What is actually going on right now? How did we get where we are now? And what can we expect in the near future?

The second section explores the pain of the separation that occurred as mind started to enter body in our collective evolution, and the trauma that industrialised civilisation underwent in that transition, with the resulting pathology as we split ourselves off from the instinctive, body- and Earth-based layers of our being.

The third section dances with the promise of re-embodying those suppressed energies and the access we are given, as we embrace and then transcend our cognitive capacities, to the more subtle energetic realms. The fourth section presents some of the implications of accepting this perspective, for us individually and collectively. What is the nature of the invitation, should we choose to engage the pain and lean into the promise?

“Peter Merry has written a seminal book. We are on the edge of a Copernican Revolution in thinking about the nature of our universe and humanity’s role in the larger ecology of life. His insights confirm both the latest findings in cosmological physics and the most ancient insights of the shamans and mystics about the oneness of all life. His book is a pathway into our future.”—**Dr Jim Garrison**, author, founder of State of the World Forum with Mikhail Gorbachev and Ubiquity University

To be published in 2025
Ca. 80,000 words

**Full English manuscript
available**



AN OFFICER IN AFGHANISTAN

Behind the Scenes of A Military Mission

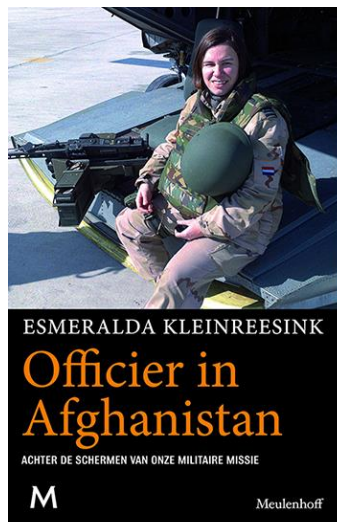
Esmeralda Kleinreesink

Published in 2012
224 pages | ca. 60,000 words

**English sample translation
available**

Over 2,000 copies sold

Dutch edition published by
J.M. Meulenhoff



A unique insight behind the scenes of an international military headquarters.

A young (32) female lieutenant-colonel is deployed to Afghanistan in a position she has never fulfilled before: Chief Air and Ground Transport Planning. She learns how to negotiate with unwilling Americans, how to get things done from Italians (by drinking lots of espressos), and how to work with an incompetent British boss. She travels all over Afghanistan to visit every airfield, from dirt strips to international airports. And meanwhile uses her leadership skills to get the job done, even if (as the Italians keep insisting) that might harm her career.

In *An Officer in Afghanistan* Lieutenant-Colonel Esmeralda Kleinreesink offers a unique insight behind the scenes of an international military headquarters. She describes the frustrations, bureaucracy, constant tension, and how political decisions have an effect on the daily military reality. And she shows how friendships are forged between soldiers from all over the world despite their cultural differences. This is a unique and comprehensive report of the daily ins and outs of a military headquarters, written by one of the few female officers no less.

“A well-written, beautiful, and realistic image of a military mission, and a great collection of anecdotes you can read in one session. Very recognizable for soldiers and veterans, and an interesting glimpse behind the scenes of a military mission for everybody else.”—**Wapenbroeders**

MY BIRTHDAY IS NOT MY BIRTHDATE

A Survivor of Adoption Fraud and Sexual Abuse Fights for Her True Identity

Sam van den Haak

A necessary new perspective on adoption.

Children being rescued from pitiful circumstances and living happily ever after in a loving new family. It is the romanticized narrative about adoption that people would like to believe. But what is it really like?

“My name is Sam, born in Sri Lanka, adopted and raised in the Netherlands. In this story I will tell you what it was like for me to be taken from my own mother and being a brown girl growing up in a white adoptive family that provided me with a far-from-safe environment. Sexually abused by my adoptive father, I was turned out of the house by him at the age of seventeen and left to fend for myself.

But I'm a fighter. Finding out that my records were falsified, that my birthday wasn't even my birthdate, only sparked my resolve to find justice. Together with fifteen other Dutch adoptees, I am suing the Dutch government for adoption fraud and child trafficking.

Sure, I may have been dealt a bad hand, but this is a story of resilience. I've turned the loneliness I've experienced into my strength. My yearning for connection is at the root of the successful business I set up, focusing on connecting people. But in the end, on the most important journey so far, searching for my real family and searching for myself, I am proud to say that I have found both!”

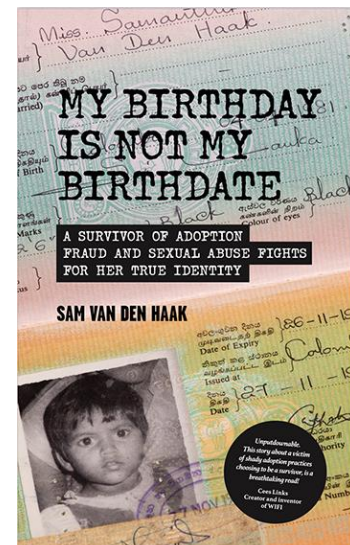
Become anything you want, but most of all, become yourself.

Published in 2022

280 pages | ca. 70,000 words

**English sample translation
available**

Dutch edition published by
Growing Stories



THE SECRET LEADERSHIP OF ELDEST DAUGHTERS

What do Jacinda Ardern, Angela Merkel, and Brené Brown have in common?

Aike Borghuis

Published in 2023
192 pages | ca. 35,000 words

Over 10,000 copies sold

Dutch edition published by
Van Duuren Media



The #1 bestselling management book in the Netherlands in 2023.

Most eldest daughters don't think of themselves as leaders, but they are. They take it for granted that they run the organization of build a successful business. In fact they are often modest about their own role and critical of what they could or should do better.

They may look fine from the outside, but within there is a conflict. They continue to work harder and their body are signaling a protest. They regularly feel guilty because they spend so much of themselves at work that they are not at their best at home. They experience inner unrest and wonder: is this the life I want to live? They often don't know what they want anymore, but are uncertain what they do want. Eldest daughters will try to solve these issues on their own because that is how they have always done this. But it can be different!

The Secret Leadership of Eldest Daughters answers:

- What is the impact of your role in your family on your leadership skills?
- What are your qualities or skills you need to develop?
- What is the eldest daughter dynamic and how can you break that cycle?
- What is the secret leadership of eldest daughters and how do you apply it?

You will make your own heroine's journey and receive valuable exercises and practical tools that you can start using today.

WHAT DO YOU REALLY WANT?

Why You Stay Stuck In An Energy-draining Job and How to Break Free From It

Sandra Klijn

A model for determining and achieving one's true career aspirations.

What Do You Really Want? is a book designed for those who recognize that it's time to change direction but find themselves uncertain what to do next. "My current occupation no longer aligns with who I want to be, and I'm eager for a transformation, yet I don't know which steps to take first."

If you find yourself uncertain about whether you're in the right place, it doesn't necessarily imply that you're in the wrong job. In fact it's more probable that you're experiencing a lack of purpose, dedication, and alignment with your fundamental values. This disconnect stems from the disparity between the person you aspire to be and how your current job aligns with that vision. The solution to this mismatch lies in gaining insights into your desires and understanding how they, in conjunction with your skills, personality, and behavior, constitute the essential pieces of the puzzle for a vibrant and fulfilling work life.

Sandra Klijn is a keynote speaker, trainer, university teacher and researcher. During her PhD research, she identified the factors that lead to feeling energized at work.

Published in 2023

176 pages | ca. 37,000 words

Full English translation available

Dutch edition published by
Boom uitgevers Amsterdam
English edition published by
Santasado

SANDRA KLIJN
**What
Do You
Really
Want?**

*Why You Stay Stuck In An Energy-draining Job
and How to Break Free From It*

"Klijn presents a model for determining and achieving one's true career aspirations in this self-help book. Clear and thought provoking, particularly in her emphasis on the physical element of work. Workers contemplating something new may find much of value in these pages. An often thoughtful and straightforward conception of the costs and benefits of change." —*Kirkus Review*

TRICKY TIMES

Navigating the Messy Middle of Liminal Change

Jitske Kramer

Published in 2024
288 pages | ca. 80,000 words

**Full English translation
available**

Over 10,000 copies sold

Dutch edition published by
Boom Publishers



Essential anthropological insights to deal with transformation.

We are in a period of transition. As with any major change, we have to let go of what is familiar without knowing exactly what the future holds. This is a confusing betwixt-and-between time, when things are neither what they were, nor what they will become. Anthropologists call such between-times liminality.

Tricky Times is an unsettling book that will have you seeing society, and yourself, with fresh eyes. A book of insightful interpretations and personal views. Sharing lessons Jitske Kramer learned on her travels in diverse cultures. Offering a vision on the kind of leadership needed in liminal times. And an urgent book. We can and must do better. We have work to do.

“In these times of relentless uncertainty, one thing is certain: we need this book.”—**Robert Cialdini**, author of *Influence* and *Pre-Suasion*

“*Tricky Times* has the power to transform you and your organization. Approach with excitement!”—**Stuart Crainer and Des Dearlove**, founders Thinkers50, “The Oscars of Management Thinking” (*Financial Times*)

“Kramer's insights provide a valuable compass for anyone seeking to lead through the complexities of transformation.”—**Erin Meyer**, *New York Times* bestselling author of *No Rules Rules* and *The Culture Map*

Jitske Kramer is an anthropologist, international speaker, and best-selling author. Her previous titles, which include *The Corporate Tribe*, *Building Tribes*, *Deep Democracy*, *Jam Cultures* and *Work Has Left the Building*, have sold more than 150,000 copies and have been translated into English, German, Vietnamese and Russian.

BEYOND BORDERS

About the usual and unusual challenges of my life in Israel

Joanne Nihom

A ground-breaking book about people who are making a difference.

Beyond Borders is a unique book about Israel. About a situation in which we often forget to take the people in the situation into consideration.

Joanne Nihom firmly puts the perspective and focus back on the people, Israelis and Palestinians, who need and provide the hope and initiatives that keep them alive. From joint Israeli and Palestinian initiatives, to a hospital clown from Gaza, and a Druze woman who went into politics.

In *Beyond Borders*, Joanne Nihom shows what is happening in Israel, the country where she lives. She writes about the positive initiatives and inspiring people who often don't get mentioned in the media. As a Jewish woman, she shows her vulnerability in a society that is sometimes complicated for her to live in.

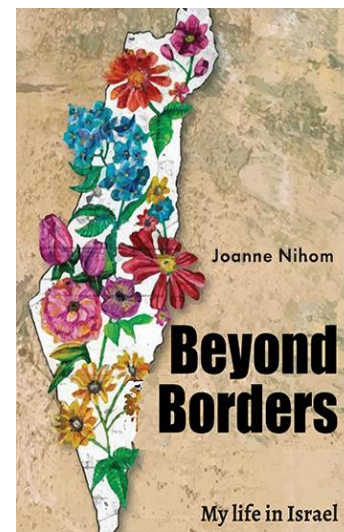
The stories are about connection, about the ordinary and the unusual, and the challenges of the region.

"I hope *Beyond Borders* crosses a line, triggers something. That it will show how challenging it is to divide things in 'right' and 'wrong'. In the palette of beautiful people, it is the shades of color that are part of a fantastic, but very complex society."—Joanne Nihom

Published in 2021
272 pages | ca. 70,000 words

Full English translation available

Dutch edition published by
Kok/Boekencentrum



"Joanne's ability to be loyal to Israel and at the same time to have respect for the feelings of its non-Jewish population gives it precisely the voice of moderation that is heard too little."—**Bart Wallet**, Professor of Jewish Studies, Early Modern and Modern Jewish History

SLOW THE F*CK DOWN

*Yoga, breathing, meditation, rituals, and micro habits
to transform your work, health, body, and mind*

Chris Zadeh

To be published in 2025
Ca. 68,000 words

**Full English manuscript
available**

Essential insight in how to handle both success and crisis.

Chris Zadeh started working at a young age and was fundamental for the success of the digital Dutch Binck Bank. Chris was responsible for the technology of the bank and founded and sold the fintech company Ohpen. He is currently the CEO of investment company Whāngai that supports startups with scaling up.

But underneath his successful career is a rocky foundation. Chris is born in Paris, grows up in a family without a father and his mother needs to work hard to make ends meet. As a teenager he is given great responsibilities and has to deal with the culture shock all by himself when his mother, brother, and he move to the Netherlands. Chris blossoms in sports and has the talent to make the national hockey team, until a car accident puts an end to his Olympic dreams. Disillusioned, he starts smoking weed and is quickly addicted enough for his marijuana use to lead to anxiety attacks.

That is the moment he understands that things need to change and he doesn't want to take his mother's efforts and hard work for granted. He quits his law studies, starts to work extremely hard, and is inspired by books, meditation, and yoga to lead a better life.



In *Slow the F*ck Down*, Chris doesn't just share how he became a better CEO, friend, man, and human thanks to the insights from yoga, meditation, bio hacking, and life hacks. He also shows how the reader can find his own peace for a better private and working life. The book is a combination of personal insights, practical tips, meditation and yoga lessons for everyone who can use more rest in their lives. Single parents, everyone who works in stressful functions and psychological unsafe situations, and overstimulated young people.

AGAINST THE FLOW

Dennis Heijn

A fast-paced, realistic, and thrilling novel with strong characters whose thoughts and actions you can empathize greatly with.

When the passionate climate defender Pino realizes that his job at the World Wildlife Fund is only confirming his sense of powerlessness, he and three of his friends decide to take radical action. They kidnap the son of the CEO of Shell with the aim of forcing the fossil fuel industry to face up to its responsibilities and alter its course.

The kidnappers make a point of generating as much publicity as possible, which leads to many surprising twists in the usual interplay between the kidnappers, the family, the board of Shell, the police and the media. The world looks on as the drama unfolds, wondering whether the end will justify these drastic means.

Clearly, the powers that be are not convinced of the necessity of change. Is kidnapping then a justified action to convince the fossil industry of this necessity?

“The big question how far you can go to fight injustice and climate crisis isn’t answered—that you will have to do for yourself—but Dennis did write a thrilling and all too realistic book about it.”—**Dolf Jansen**, comedian and journalist

“Read it in one go. In this hauntingly realistic ‘climate-thriller’ Dennis Heijn cleverly combines his personal dramatic history with an ominous future.”—**Jeroen Smit**, bestselling author

“Dennis Heijn challenges the reader and once in his trap there is no escape. I read the book with pleasure and a pain in my chest.”—**Harry Starren**, author and professor

Published in 2024
256 pages | ca. 64,000 words

Full English translation available

Film rights sold for international production

Dutch edition published by Santasado



BACKLIST TITLES

THE BOOK OF IDEALS

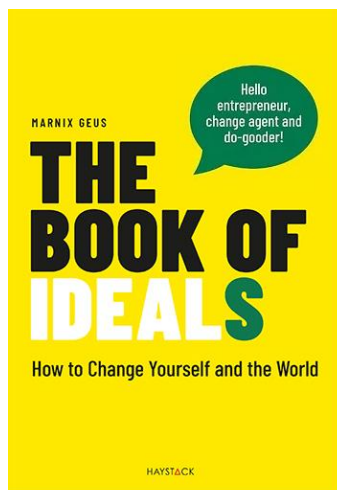
How to Change Yourself and the World

Marnix Geus

Published in 2022
224 pages | ca. 45,000 words

**Full English translation
available**

Dutch edition published by
Haystack



Yesterday I was clever, so I wanted to change the world. Today I am wise, so I am changing myself. — Rumi

Would you like to be meaningful, but you don't know how to realize your ideals? This guide shows you the way. How to change yourself and the world.

Our planet is crying out for do-gooders of all colors and sizes. Fortunately, there are people everywhere who change tack, urge their employer to do things differently and, if necessary, quit their job. One climbs the Himalayas for a good cause, the other starts a social enterprise. Do you also have an ideal and could you use some help? Then take advantage of all the tips and inspiring stories in this book.

According to Marnix Geus, nothing is more motivating than an ideal. Candid and with a sense of humor, Geus shows in *The Book of Ideals* that no journey is ideal, but if you allow your journey to be guided by ideals, you can be sure that it will become more beautiful, for yourself and for others.

If you have ideals, and you could use some help to realize them, you can benefit from the tips and inspiring stories from *The Book of Ideals*. With a foreword by Rich and Yvonne St. John-Dutra (California) from Challenge Day (featured on Oprah), and contributions from Jacqueline Way (Vancouver) and Jeena Earthiva (Mumbai).

“This book is a precious gift to anyone ready to be inspired and ignited by people’s passions and Dreams. A valuable book in times like these.”—**Yvonne & Rich Dutra-St John**, cofounders of Challenge Day & The Be the Change Movement

FREE, EQUAL, AND TOGETHER

Guide Towards a Society and Economy, Beneficial to Human and Planet

Damaris Matthijsen

A radical new way of thinking about land, labor, and capital.

More and more people long for a society and economy that benefit all humans and the Earth. Damaris Matthijsen offers in this book new ideas, concepts, and methods to create such a world: the Free-Equal-Together society.

She describes a clear way out of the systematic crises and offers practical exercises to take steps ourselves, really letting us experience a feeling of freedom, equality, and togetherness.

Crucial in this is the transformation of ownership and control of our commons: land, labor, and capital. Managed by people, not by the market or the state. PartnerShip is the form of cooperation with which we can retrieve our way towards love and trust, creativity and unity. And relearn how to take care of the whole from within.

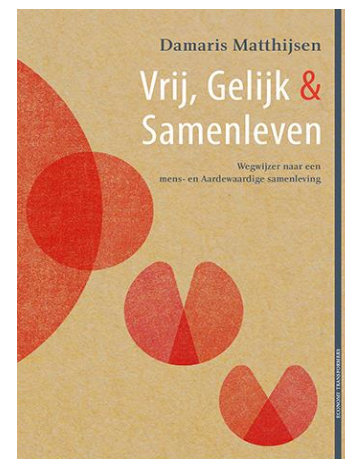
Free, Equal, and Together is for everyone who searches for ways to work towards a society that honors all life.

Published in 2022

420 pages | ca. 119,000 words

Full English translation available

Dutch edition published by Santasado



“Damaris is the Kate Raworth of the Netherlands.”—**Leonie van der Steen**, Squarewise

“Damaris is not afraid to ask the truly fundamental questions to rethink our economy radically. But she makes it practical at the same time. She challenges the reader to start from human values and translates them into new relations for ownership and legal structures. A must-read for anyone who wants to see how people are working on a better world—far below the radar of the large corporates.”—**Rutger Claassen**, professor Political Philosophy and Economic Ethics at the Utrecht University

THIS IS EUROPE

The History of A Union

Hendrik Vos

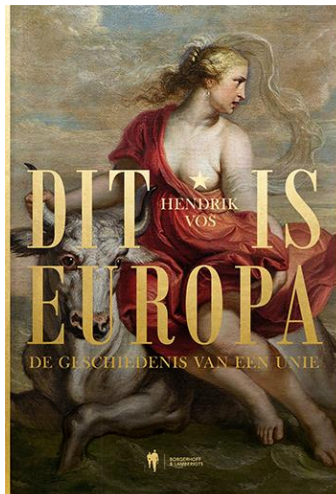
Published in 2021
632 pages | ca. 180,000 words

Over 15,000 copies sold

English sample translation available

Translation grant from the
Flemish Foundation for
Literature available

Dutch edition published by
Borgerhoff & Lambergts



An amazing story about the people who created the European Union.

“Vos is an authority on European politics. His book is a loving ode to compromises.”—*NRC Handelsblad* ****

After centuries of division, six European countries joined forces. Borders and barriers disappeared and the continent was united by establishing institutions and signing treaties. Prime ministers, presidents, chancellors, and commissioners decided on the directions and pace of the unification. They became allies or enemies, where some could not stand each other and others became soul mates. They made history in musty conference halls, as well as in beautiful palaces, monastery basements, or castles. They met each other in sleazy hotels, in the mountains, or on boats.

This is Europe is about the journey across the European continent, where we follow the main characters and casual passers-by. The book describes how the European constitution ended up being stuffed in a roasted chicken, what a blow up doll says about the free economic market, and how cows ended up in the meeting in a conference room on the fourth floor. It is the story of cello-playing ministers, drinking cola with port, or walking the halls in knitted slippers.

The road towards European unity never had a fixed route, there was never a script or widely supported plan, yet still, step by step, the European Union arose. With this book, Hendrik Vos wrote a history of Europe that feels familiar yet still surprises, and tells the big adventure based upon the small stories.

“*This is Europa* by professor Hendrik Vos is a line-up of amazing anecdotes and reads like a novel.”—**VRT**

BLOOD AND HONEY

Encounters on the Borders in the Balkan Region

Irene van der Linde & Nicole Segers

A beautiful portrait of the modern Balkan and its history.

“Everybody should read this book about a deserted corner of Europe. *Blood and Honey* is excellent journalistic history writing.”—**NRC Handelsblad *******

Blood and Honey is a road story through the countries of the former Yugoslavia and Albania in which the authors travel through a fragmented region in which they meet people who tell about their past, present and future and the sobering reality of nationalism put into practice and the effects on daily life.

“Don’t think that I can’t happen here, that there can never be a war. The world you are living in and you think is normal, can be gone in one second. Nobody believed it, we didn’t either, but still it happened.”—Jesenko Galijašević, historian from Sarajevo

In *Blood and Honey*, author Irene van der Linde and photographer Nicole Segers travel across quiet roads and barren highlands, through dark gorges and abandoned villages. They visit cities with magical names like Dubrovnik, Sarajevo, Skopje, Ohrid and Tirana. They show the world of ordinary people with an extraordinary history. People that dream, fight, fear, and struggle with their fate. Like a choir, their different voices and melodies describe their lives, about hope and disappointment, passion and weariness. About how their world fell to pieces in fragments, which is a danger that is threatening other European societies as well.

“Van der Linde’s calm and honest slow journalism fits Segers’s beautiful images wonderfully. You can look and read endlessly.”—**de Volkskrant**

Published in 2020
688 pages | ca. 90,000 words
With photographs

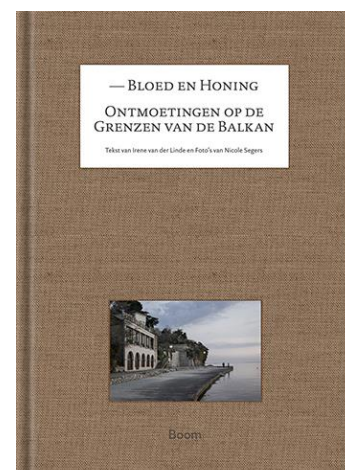
**English and German
sample translations
available**

Translation grant from the
Dutch Foundation for
Literature available

Winner of Dutch Photobook
Award 2021 for Best
Text/Photobook

Selected as one of the ten
most beautiful photo books
by *de Volkskrant*

Dutch edition published by
Boom Publishers



WRITING TOWARDS CONSCIOUSNESS

Finding Your True Story

Leonie Joanne Brown

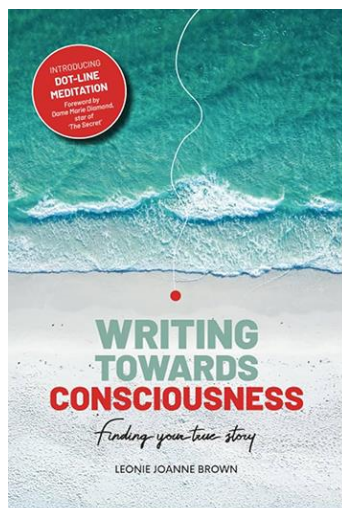
Published in 2023

272 pages | ca. 80,000 words

Over 5,000 copies sold

**Full English translation
available**

Dutch edition published by
Altamira/Gottmer



Foreword by Marie Diamond, star of *The Secret*

Who are you really? Why are you here? What's your life's purpose? *Writing Towards Consciousness* takes you on a deeply transforming writing journey to your true self. It's an open invitation to reshape the story of your life.

Embrace the author's voice and guidance to break free from limiting beliefs and patterns, allowing you to create the life you truly desire. If you are longing for depth and connection then this is for you! Whether or not you are an experienced writer, this book will guide you through a widely tested step-by-step inner process towards a happier, fulfilling, more creative life.

Leonie Joanne Brown is a Transformational Writing Coach and pioneer in her field. As an expert and trainer in Systemic Coaching and Book, Business and Family Constellations, she has helped thousands of individuals to break through their limitations, guiding them towards a more creative and successful life.

“Beautifully written, very powerful, and healing!” —**Ken Honda**, Happy Money Mentor and Japan's bestselling Zen millionaire

“A testament to the transformative power of writing and the human creative spirit.” —**Dame Marie Diamond**, Feng Shui Master, global best-selling author, and star of *The Secret*

“A valuable resource for anyone seeking to live a more conscious and fulfilling life.” —**Yiannis Michael**, healer, speaker, bestselling author of *Repaint Your Life*

YOU ARE THE LOVE

Living With Self-Confidence, Self-Respect, and Self-Esteem

Juriaan Galavazi

***You Are The Love* guides you towards a life with self-confidence, self-respect and self-esteem.**

A new ground-breaking book from Dr. Juriaan, author from the bestseller *From Wound to Wisdom*. In his new book, *You Are The Love*, he invites you to live with self-confidence, self-respect, and self-esteem.

You adapt. To your environment, to your parents, to your partner, to your children, friends and colleagues. You fulfill your responsibilities and obligations as best as possible, hoping you will be a good person and perhaps even happy in the future. Your desire to align with the other to be seen and appreciated is so big, that you live for the approval of others and become invisible yourself. Before you know it, you are embarking on someone else's journey and at the same time you're taking a seat in the waiting room of your own life.

Even with the best intentions, the end result is that you often hold on to the wrong job for you, a suffocating relationship, a harmful diet and destructive beliefs and choices. And you become unaware that you are paying a very high price for this, in the form of stress, tension and mental and physical complaints.

In this situation, eating healthy food and doing more exercise are valuable steps, but difficult to maintain in practice if the underlying program doesn't change.

You Are The Love shows that we ignore and overrule all kinds of reflexes, out of the fear for losing something and the need to avoid uncomfortable situations. You will be able to look life straight in the eye and take the necessary steps to learn, grow and develop with curiosity.

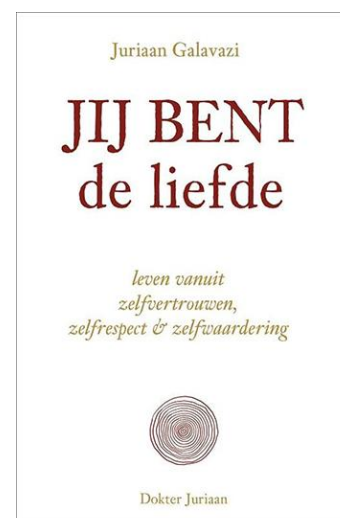
Published in 2022

352 pages | ca. 80,000 words

Over 25,000 copies sold

English sample translation available

Dutch edition published by S2 Publishers



MEET YOUR INNER FAMILY

Achieve Your True Potential

Arienne Klijn

Published in 2012

166 pages | ca. 45,000 words

Over 12,000 copies sold

Full English translation available

Dutch edition published by S2 Publishers



Understand how to deal with your family.

- Do you find it difficult to accept your own attributes or other's?
- Do you have a tough time making decisions?
- Would you like to have a loving relationship but don't know how?
- Is it hard for you to relax?
- Are you unsatisfied with your current job, but don't know how to change?
- Do you take care of others but not of yourself?

Then it is time to meet the shields of your inner family. The model works very easy: everyone has an inner family (boy, girl, man, woman) and if you understand how to deal with your family and the families of others, you will understand and change yourself and others much easier.

Arienne Klijn is psychologist and creator of the Shield of Your Inner Family method.

“Knowledge of the self is the path towards healing and inner growth. Arienne Klijn knows like no other how this works and offers an inspiring, heartfelt, and powerful method to become your own coach.”—**Susan Smit**, bestselling author

KEEP THE GOOD, DITCH THE BAD

There is more between divorce and staying put

Susanne Maris

New ways of divorcing from personal experience.

You and your partner are a great team, you have a lovely family, and you care for each other. But the spark is gone. You think about divorce but you don't want to do that and dread the evening that you are having dinner in front of the television alone, when the rest of the family is eating together a few blocks away.

And with a divorce you would throw away everything that is good too. So you consider staying but the thought of keeping the status quo for another twenty years creates a feeling of unrest.

If this sounds familiar, you're not alone. But the good news is that you don't have to divorce or postpone that decision for the children's sake. Lose the cliché solutions and make your own decisions. Discover how you can redesign the relationship with your partner in order to keep the family happy, the relationship friendly, and create room for new love.

Keep the Good, Ditch the Bad is the only book that makes you reimagine a relationship where you don't have to choose between divorce or staying put and create the form that fits your needs. Learn how to blow up your relationship, maintain it, remain a strong team together, and stay in touch with your children so that you don't have to miss them every other week.

Published in 2023

196 pages | ca. 35,000 words

Dutch edition published by
Van Duuren Media



Psychologist **Susanne Maris** discovered through trial and error how to reshape your relationship. Six years ago she decided to continue to function as a family after their divorce and now she has a happy situation with both the children and their father. Her book *Keep the Good, Ditch the Bad* helps you do the same.

FULL-TIME ADVENTURESS

About leaving everything behind and the search for ultimate freedom

Tamar Valkenier

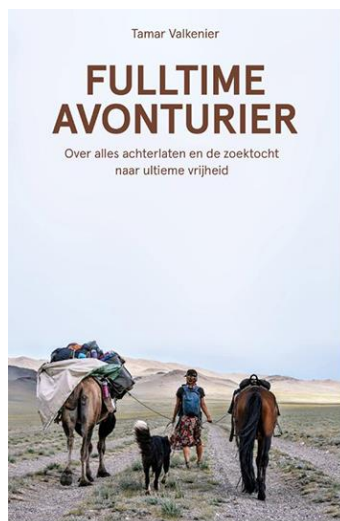
Published in 2021
280 pages | ca. 90,000 words

Over 30,000 copies sold

**English sample translation
available**

German rights sold to Edel
Verlag

Dutch edition published by
Kosmos



An inspiring story about leaving everything behind and the search for ultimate freedom.

At the age of 28 Tamar Valkenier made the decision to leave it all behind. To give up her material possessions and to walk away from a highly regarded career toward a life of uncertainty. To explore a different reality beyond the horizon. A journey that was only supposed to last a year, is still ongoing eight years later.

From her home town in the Netherlands Tamar's journey takes her across Europe to Istanbul by bicycle as she discovers and simultaneously pushes her physical and psychological limits. From tearful and often confusing goodbyes we share her apprehension of the unknown, follow as her confidence and skillset grows and experience the unimaginable fulfillment of a new existence.

The book does not just describe Tamar's experiences in a personal and detailed manner, it is also a testimony to her evolution from a career woman to a full-time adventuress. Learning to trust her heart and following it to some of the most remote corners of the globe, connecting with ancient people and wisdom. Celebrating life and asking the uncomfortable but necessary questions to unlock the limitless potential inside us all.

"Tamar is a unique combination of a well-spoken, intelligent lady and a strong and wild survivor. She thrives in extreme situations because of her hunger for adventure and desire to explore the unknown, both psychologically and physically. We ventured together for three months, and I have only seen immense courage and optimism. She was able to hunt: to observe, stalk, and to shoot with precision. And thanks to her background as a high-end chef, we had a most delicious meal every day."—**Miriam Lancewood**, *Woman in the Wilderness*

GUIDEBOOK HUMAN RECHARGING SPACES

Renate van der Veen

A practical guide for organizing better gatherings, meetings, and places.

“This lovely and skillful collection of practices and processes is a real gift to teams seeking to do meaningful work—together.”—**Margaret Wheatley**

Why are you bursting with energy from one meeting and drained from another? What is the difference between a regular gathering and a memorable convention? An unforgettable party, a wonderful evening with friends, a memorable conversation, or a valuable meeting.

Especially nowadays, when things change fast and we are running from one thing to another—even virtually—, special gatherings are an important source of energy and pleasure. Not just in your private life, but also in your work or at your school. That is why I wrote this guidebook to explore how you give your gatherings that special quality.

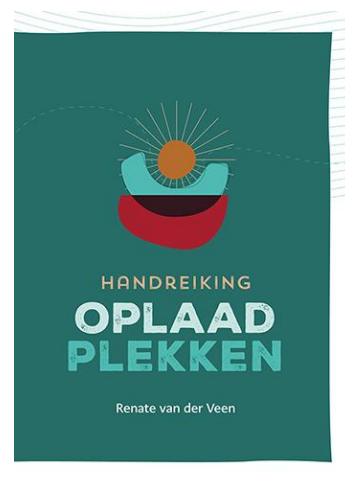
Renate van der Veen is an expert and coach in dialogue, and shares in this book the essential elements for creating energy-giving gatherings. Recharging spaces seem to have specific characteristics, often a mixture of being able to completely be yourself and experiencing togetherness at the same time. But how do you achieve this?

Published in 2023

112 pages | ca. 20,000 words

Full English AI translation available

Dutch edition published by Santasado



“Humans can get through anything as long as we’re together. This lovely and skillful collection of practices and processes is a real gift to teams seeking to do meaningful work—together. I appreciate both the generosity and experience of Renate in creating such a practical and helpful guide.”—**Margaret Wheatley**, author of *Leadership and the New Science*

YOUR LIFE REALLY MATTERS!

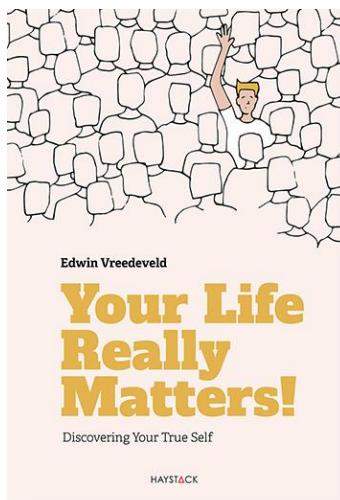
Discovering Your True Self

Erwin Vredeveld

Published in 2024
288 pages | ca. 81,000 words

**Full English translation
available**

Dutch edition published by
Haystack



Do you want a better grip on life? Then follow your heart's desire.

Does change come difficult for you? Do you find yourself often pleasing others and neglecting your own personal needs and desires? Then *Your Life Really Matters!* is exactly for you. In this book you'll discover:

- Am I following my heart's desires?
- Why am I doing the things that I do?
- What adjustments do I need to make to stay on the right path?
- How I'm going to keep it up daily?

Your Life Really Matters! is an eye opener for everyone that wants to follow their passion in life and become the person they were meant to be.

"A pleasure to realize that once again, Erwin Vredeveld's dynamic creativity, humor, and knowledge have created a book that is an inspiring personal adventure."—**Roland Kahn**, founder CoolCat

"A feast of recognition. Stimulating, inspiring, which I could immediately apply to my own life."—**Erica Bischoff**, senior manager

"With digital transformations, human beings make all the difference. Together with Edwin we started the Accelerate Program to combine IT knowledge with personal leadership. This book is mandatory reading!"—**Bert Ertman**, Chief Technology Officer

SOUVENIRS

Better After Bataclan

Ferry Zandvliet

Ferry Zandvliet not just survived a terrorist attack, but he actually become a better person.

Ferry is a 'grumpy old guy'. He is angry. He is angry with his environment, his parents' divorce, angry with everything that goes wrong, with the world at large.

That stops on November 13th 2015. He and his friends are in the audience at a concert in the Parisian Bataclan theater when three men with Kalashnikovs open fire in the packed hall. Ferry sees and feels how dozens of people around him are killed. And for a moment he is sure that his life has ended as well. But crawling through the blood and bodies he miraculously escapes.

The experience changes his life. His anger slowly turns into appreciation and forgiveness, he even befriends the father of one of the attackers. He shares his story of optimism with a growing audience and changes from a 'grumpy old guy' into an inspirator.

This book describes Ferry's experiences of that terrible Friday evening and the five years that follow. Experiences he wouldn't want anyone to have, but also with the consequences he never wanted to miss out on.

Published in 2020

368 pages | ca. 100,000 words

Over 15,000 copies sold

Full English AI translation available

Dutch edition published by
Growing Stories



"Souvenirs is a lesson in accepting the inevitable and forgiving the unforgivable. Five stars, compliments!"—**Eric van 't Zelfde**, Head Master of the Dream School

"Ferry has succeeded in sharing a deeply intense story with the reader. He takes you along on a terrible journey that takes your breath away while reading. And even more impressive are his accounts of dealing with such trauma. Definitely not easy, but possible, as Ferry shows us."—**Joseph Oubelkas**, author and speaker

TAYLOR SWIFT

The Rise of a Musical, Social, and Business Genius

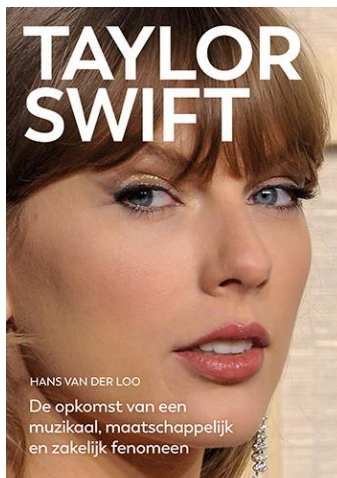
Hans van der Loo

Published in 2024
240 pages | ca. 62,000 words
With photographs

Over 5,000 copies sold

**English sample translation
available**

Dutch edition published by
Haystack



Taylor Swift has become a musical, social, and business phenomenon. How did she do this?

Taylor Swift is no audacious rock chick. Just as modest and friendly as when her career started, but the girl next door has grown up. With her ability to turn personal experiences into songs, she touches millions of people all over the world. Her concerts are record-breaking, she has amassed a huge following of fanatic Swifties, and she earns billions with her albums and performances.

But there is more. Taylor's influence reaches beyond her music. She has become a powerful voice in the political debate. Her candid opinion on women's rights, LHBTIQ+ rights, and US politics show that she's an artist who isn't afraid to use her influence for the issues that matter to her.

Taylor is one of the most extraordinary individuals of our times.

Hans van der Loo previously wrote *Musk Mania*, a bestselling and concise biography on Elon Musk (over 10,000 copies sold, published in English, Spanish, Italian, German, Dutch, Turkish, Indonesian, and Vietnamese). With this biography he explains the appeal and impact of pop-phenomenon Taylor Swift and her influence on music, the music industry, business, and society.

BEHIND THE DOORS

The Story of a Legendary Band's Road Manager 1967 - 1972

Vincent Treanor III

An insight story of the legendary rock group The Doors and its enigmatic frontman Jim Morrison.

“When you read my book, I hope you enjoy the journey as much as I did. It is a shame it all had to end in a double tragedy: Jim Morrison’s failing and demise and the alteration in the format of The Doors. Had they gone on with the addition of a singer with the qualities of Jim, I guess I would be the oldest Road Manager in the business.”—**Vince Treanor**

In his long-awaited, fascinating “tell-all” memoir, Vince Treanor, former Road Manager of The Doors, opens up—in a mildly and viciously critical tone—about the sometimes harsh reality behind the seemingly glamorous pop star life surrounding America’s most popular and successful rock group The Doors.

Spiced with technical details, never-before-told inside information, the names of hitherto anonymous “Band Boys” (roadies) and his observations in recording studios and on the stages of clubs and concert halls, Vince Treanor writes, straight from the heart, his very personal account of his first attempts to be allowed to work for The Doors, his love and respect for the band, their highs and lows, and the inevitable downfall of this psychedelic classic rock band that achieved a legendary status, and still influences the rock music world of today.

Behind The Doors: the reflections of Vince Treanor, who, through the strangest of events and twists of fate, worked for The Doors as their Road Manager during almost their entire career.

“Welcome to the behind-the-scenes world of rock legends The Doors. The story of The Doors is a complicated mix of raw talent, egos and conflict. If you want a nuts and bolts view of life on the road with rock legends, the good, the bad and the ugly, READ THIS BOOK.”—**Al O’Meara**, one of the Band Boys for The Doors

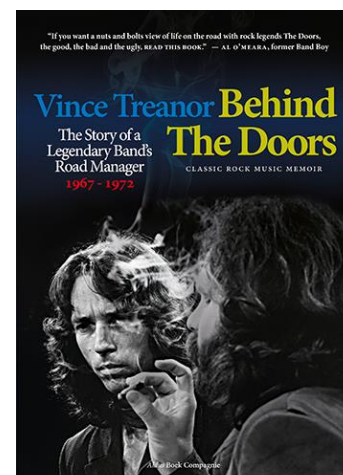
Published in 2022

522 pages | ca. 220,000 words

With photographs

Full English manuscript available

Dutch edition published by
Aldus Boek Compagnie



LOST SOULS

A fictional journey through 50 years of Pink Floyd

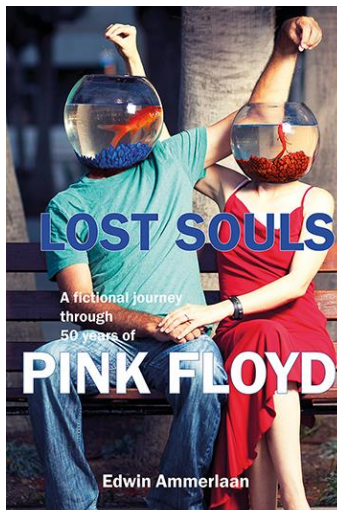
Edwin Ammerlaan

Published in 2021

248 pages | ca. 65,000 words

**Full English manuscript
available**

English edition published by
EAN Media



A fiction chronology on Pink Floyd from a real-life rock journalist.

After years of journalistic research and meticulous preparation, Edwin Ammerlaan has combined many facts, quotes and events from 50 years of Pink Floyd with a fictional, yet compelling coming-of-age story. He gives the reader an intimate and unique perspective on one of the most successful bands in music history.

In *Lost Souls*, protagonist Matt accidentally bumps into Pink Floyd on a ferry from Ibiza to Formentera. What follows is a lifelong fascination for all things Floyd and, eventually, acceptance into the band's inner circle. Travelling the globe, Matt meets a lot of interesting people, including Syd Barrett, Roger Waters, David Gilmour, Richard Wright, Nick Mason, Steve O'Rourke, Ginger Gilmour, Snowy White, Polly Samson, Tim Renwick, sir Bob Geldof and many others.

Matt joins Pink Floyd on tour, in the studio and even on the golf course, building a fragile bond of trust and friendship with the band along the way. Following him on his musical journey, we revisit some relevant moments in Pink Floyd history: Formentera (1967), The Paradiso, Amsterdam (1968), Charlton Park, Bishopsbourne (1970), Abbey Road Studios (1971), USA & Canada tour (1973), Wembley Empire Pool (1977), Super Bear Studios (June 1979), Wembley Stadium (1988), Potsdamer Platz, Berlin (1990), The Astoria (1994), Live 8 (2005), O2 Arena (2011), Berkeley Hotel

(2017) and the Victoria & Albert Museum (2017).

"Excellent read whether you're a fan of Pink Floyd or not. Highly Recommended!"—**Michael Sadler**

MIND THE MUSIC

On Improvisation, Music, and the Brain

Arthur C. Jaschke

Intuition and improvisation turn out to be critical to understanding our own embodied cognition. We have hunches in a way that computers do not.

Music has a way of minding our brains, and *Mind the Music* explores the effects that it has on our cognition, emotion, and behaviour. As well as into the fabric of our culture, music is woven into the fabric of our humanity —but where does it come from, and how does it help us to learn?

But as technology takes over what were once human tasks, there is a temptation and even tendency to enjoy our creature comforts while neglecting our natural faculties. So how do we re-learn the ability to improvise, to help us find our place in the nexus of human and machine?

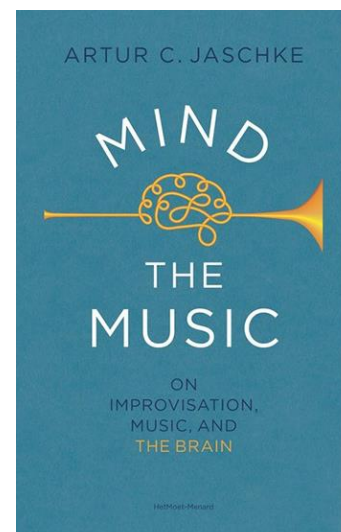
Mind the Music is a reminder that it is important to keep your brain active, and an argument for the glory of intuitive choices. It dares you to improvise and dance to the music of the mind.

Published in 2023
220 pages | ca. 47,000 words

Full English translation available

English edition published by
Menard Press

Dutch edition published by
Het Moet



Artur Jaschke studied Double-Bass and Drums at Dartington College of Arts in the UK. He holds a PhD in clinical Neuropsychology, specialised in clinical Neuromusicology, is lector Music-based Therapies and Interventions, and Ecologies of clinical Neuromusicology, as well as clinical Research Fellow cognitive neuroscience of music at the Cambridge Institute for Music Therapy Research and Groningen University. He speaks English, German, Polish, and Dutch.

MEDICINE: PRESCRIPTION VS. HEALING?

A new way to approach chronic conditions

Lieneke van de Griendt

We study medicine, but do we really cure people?

Lieneke van de Griendt has been a general practitioner since 1995 and has observed that many patients with chronic diseases don't fully recover despite all the medical efforts. There are drugs prescribed to suppress the symptoms, but the illness maintains, leaving the patients to take their medicine for the rest of their lives. But what exactly goes wrong inside the patients' bodies and why is it happening?

If we know this, we could cure our patients' health with chronic diseases like diabetes, cardiovascular disease, multiple sclerosis, rheumatism, thyroid problems or even psychological complaints, without drugs. So, do we study Medicine, or do we study Health?

This book is a must-read for every doctor who is wondering whether prescribing medicine really contributes to curing their patients. By diving into the basic subjects of medical education (like biochemistry, physiology and immunology) and studying a new field – the microbiome (healthy gut bacteria) – Lieneke van de Griendt is searching for answers. In clear and transparent language and easy explanations, this book is also very interesting for the patient who wants to make the right decisions for his or her own natural recovery.

Published in 2020

256 pages | ca. 55,000 words

Over 5,000 copies sold

Full English AI translation available

Dutch edition published by S2 Publishers



“A great overview, a wonderful introduction to functional medicine, and an interesting in-depth look for critical doctors.”—**Dr. Yvo Sijpkens**, internist

“A very valuable book for each healthcare professional and everyone who wants to gain insights in this field.”—**Rogier Larik**, trainer and consultant Cure For Care and former pharmacist

I KNOW I'M RIGHT

*Conflicts of gifted children and conflicts with gifted children;
theory and practice for teachers, parents, and counselors*

Ido van der Waal & Noks Nauta

An in-depth study on the interaction between gifted children and the adults in the surroundings.

What do giftedness in children and conflict have to do with each other? Differences of opinion and conflict are part of our daily lives from an early age. As children, we already argue with our parents, siblings, friends and teachers.

There are different ways to deal with disagreements and arguments. This can have many consequences and be life defining. Escalated disagreements become conflicts and lead to sometimes years of separation and behavior modification resulting in grief and damage.

Many factors determine how conflicts are handled, such as culture, age, gender, etc., but also how we think. The gifted think quickly and complexly. Our practical experience and information from research shows that the gifted (more than average) are strongly guided in their opinion formed by their value system. This regularly exceeds their own interests.

This book aims to create more awareness of the positive meaning of disagreements but also of the consequences of often unnecessarily escalated conflicts. And the book offers ways to learn from these situations and to prevent escalation and damage. The way gifted people handle conflict can be life defining at an early age.

To be published in 2024

192 pages | ca. 42,000 words

**Full English manuscript
available**



SPORTS INJURIES

Everything you need to know as an athlete to prevent or heal injuries

Johan Bellemans

Published in 2022
352 pages | ca. 118,000 words
with illustrations

**Full English translation
available**

Dutch edition published by
Borgerhoff & Lambergts



No one knows more about the classic sports injuries than prof. dr. Johan Bellemans.

He is a worldwide respected expert on sports injuries sustained by teens and adults. His book focuses both on prevention and the healing process.

The typical risk areas are discussed: shoulders, arms, wrist, elbow, back, pelvis, knees, upper and lower legs, ankles, and feet. But you will also learn much about the sports injuries that are not connected to one specific body regions, like contractures, muscle strains and tears, joint and cartilage injuries, and tendonitis.

How do you strengthen your body to prevent injuries and how do you heal and recover the best? Read all about it in this Bible.

Prof. Dr. Johan Bellemans is a world-famous expert in sports injuries, knee surgery and musculoskeletal pathology. He has treated athletes from all over the world, including more than 30 Olympic medalists, as well as numerous World Champions, European champions and continental Champions of almost every sports discipline. He and his group have received world-wide attention on their discovery and description of the anterolateral ligament, which has been one of the most important breakthroughs in sports injuries of the knee during the last decade.

HYDROPOLITICS

Collaboration and Conflict on the Seven Seas

Haroon Sheikh

What if we would view geopolitics from a naval perspective: hydropolitics?

Canals are dug to make new connections between seas, artificial islands are created, and countries compete for access to the harbors of island nations and for new routes along the melting North Pole. What are the effects of the shifting maritime power balance for global politics?

In *Hydropolitics*, Haroon Sheikh analyses the dynamics on the seven seas. He describes the relations between powerful countries and powerful maritime nations, between the waters and trade, and the innovative spirit of naval powers. With special attention for the role of the Netherlands and for the changing relations between the USA, a traditional naval force par excellence, and China, a long-established force on land. By exposing the historical patterns, Sheikh offers a new point of view on the new maritime connections and water borders, from political, economic, and philosophical perspectives.

Published in 2019

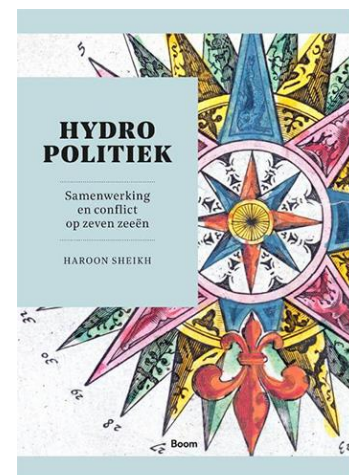
320 pages | ca. 90,000 words

English sample translation available

Translation grant from the Dutch Foundation for Literature available

Shortlisted for the 2020 Socrates Philosophy Prize

Dutch edition published by Boom Publishers



“Political scientist and philosopher Haroon Sheikh gives his readers a profoundly different perspective in *Hydropolitics*, which leads to different insights. He offers a fresh perspective to the readers and inspiring thoughts.” — **Trouw**

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